



2022 Capitation Benefit Structures

Cover	Essential	Comprehensive
General Practitioners (GP)	1 GP visit for acute condition 2 GP visits for chronic conditions (Total of 2, not 2 for each chronic condition) Max 3x visits per year	Emergency consultations, and on referral by nurse All procedures (including in-room) depend on hospital group approval In-room procedures not included in capitation product, unless it can be motivated that it will prevent admission in which case it will then deplete the hospital limit – to be controlled by Hospital Group Limited to 6 consultations per member per annum Only GPs at Care Centres Outpatient specialist visits not linked to a hospitalisation will be funded by Lidwala and forms part of the 6 defined specialist visits in or out of hospital Procedures done by GPs not covered, unless approved by hospital group Scheme contracted Specialists only on referral by the GP and approved by the Medical Director of Hospital
Nurse	As needed	As needed: Primary care within scope of Practice; Chronic Care Follow-up
Specialist	None	None
Acute medicines	As per Primary Care Cover Formulary	Inpatient formulary only if admitted Outpatient Formulary (nurse, GP, specialist)
Chronic medicines	For Listed Conditions Only	For Listed Conditions Only
Dentistry	Basic only once per year	Scaling, extractions and uncomplicated fillings
Optometry	None	Eye examinations and fitting of specs
Physiotherapy	One assessment only	Limited to 4 consultations per member per annum Scheme contracted Physiotherapist only on referral by the doctor
Pathology	Limited to Hospital formulary	In-an out-patient. Include chronic condition monitoring. Pathology Tests in terms of Pathology Guidelines
Radiology	Simple Black and White of single region and or bone or joint requested by GP twice per year (as per hospital radiology formulary)	In-and out-patient. Radiology in terms of Care Radiology Guidelines
Emergency evacuation	Referral to state only	Referral to state only
HIV and TB	Access to HIV and TB care – unit funded by government. Included testing, counselling, treatment and follow-up care (incl. pathology)	Access to HIV and TB care – unit funded by government. Included testing, counselling, treatment and follow-up care (incl. pathology)
Hospital	None	Hospitalisation at Clinics Group hospitals and Outpatient clinics. Total limit of E100 000 per member. If reached discharged to State hospital.
Maternity	Primary Nurse-based Care Only	Admission: Within overall annual hospital limit. Limited to 3 prenatal scans and 4 specialist visits per pregnancy

PROPOSED TERMS & EXCLUSIONS (CAPITATION OPTIONS)

- Chronic condition management on some Products
- All oncology treatment
 - Able to diagnose, but then to transfer to state
 - Chemotherapy, Radiation and Surgical management excluded
 - However, cover includes diagnosis/management of cervix metaplasia, basal cell Ca of skin (minor removable tumours)
- ICU admissions
 - Stabilise, then transfer
- Specialised radiology, i.e., CT scan and MRI
- All appliances
 - Have referral process to state e.g. if crutches / wheelchair / oxygen machines are required
- Injury on duty accidents
- Self-inflicted injuries
- Immunisations
 - COVID-19, childhood and flu
- Motor vehicle accidents
 - Must be communicated before being brought by ambulance, or stabilised and transferred if arriving at hospital first
- Care which requires care by specialist(s) who are not part of the network
- Occupational Medicine Services
- Cosmetic procedures: skin, breast, hernias, etc
- Renal failure management/dialysis – acute & chronic
- Interventional cardiology (angiogram, stent, CABG, ablation, etc)
 - E.g. if arriving with MI, stabilise and transfer
- End stage HIV (e.g. Cryptococcus meningitis)
- Stroke rehabilitation
 - For a stroke: stabilise, then transfer
- Psychiatry, except depression which can be managed by GP for Products which have GP cover
- Joint replacements
- Spinal procedures
- Ophthalmological conditions requiring more specialised care than what nurses/GPs can offer, e.g. cataracts/glaucoma/macular degeneration

- Neurosurgery
- Specialised urology
 - However, Basic urological procedures are included
- Specialised gastroenterology
 - Ulcerative colitis, Crohn's disease chronic management
- Congenital / genetic conditions which requires care outside of the scope of practice of network specialists
- Specialised wound care (e.g. VAC therapy)

11 1 Proposed Chronic conditions To Be Included In Essential Option (Combining Product 1 & 2)

- Hypertension
- Heart Failure (NYHA I and II)
- Hypercholesterolaemia
- Asthma
- COPD (not work-related/criteria to apply)
- Diabetes as per protocol and Government Diabetic unit

21 1 Expected Minimum Formulary Items for Essential Option Formulary Items for The Chronic Conditions

- Hypertension:
 - HCTZ
 - ACE inhibitor
 - Angiotensin II receptor blocker
 - Calcium channel blocker
 - Beta-blocker
- Added Heart failure:
 - Diuretics: Furosemide
 - Aldosterone antagonist: Spironolactone
 - Digoxin
- Hypercholesterolaemia
 - Statin (up to equivalent of 20 mg Simvastatin)
- Asthma
 - Short-acting beta agonist (SABA)
 - Long-acting beta agonist (LABA)
 - Inhaled corticosteroids
- COPD
 - ICS
 - Theophylline

- Diabetic Care
 - o OAD (metformin, Sulfonylureas, pioglitazone)
 - o Insulin (basal and rapid acting)
 - o Monitoring – lancets and test strips

31 1 Proposed Chronic Conditions for Comprehensive Option (With Hospital & Specialist Cover)

- Hypertension
- Heart Failure (NYHA I and II)
- Hypercholesterolaemia
- Asthma
- COPD (not work-related/criteria to apply)
- Reflux disease
- Osteoarthritis
- Depression
- Diabetes

Formulary Items for The Chronic Conditions for Comprehensive Option

The exact product will depend on what is available at the clinic/group and less expensive generics may be used where applicable.

- Hypertension:
 - o ACE inhibitor
 - o Angiotensin II receptor blocker
 - o Calcium channel blocker
 - o Beta-blocker
- Added Heart failure:

- o Diuretics: Furosemide
- o Aldosterone antagonist: Spironolactone
- o Digoxin
- Hypercholesterolaemia
 - o Statin (up to equivalent of 20 mg Simvastatin)
- Asthma
 - o Short-acting beta agonist (SABA)
 - o Long-acting beta agonist (LABA)
 - o Inhaled corticosteroids
- COPD
 - o ICS
 - o Theophylline
- Reflux disease
 - o PPI
- Osteoarthritis
 - o Ibuprofen
 - o Naproxen
 - o Meloxicam
- Depression
 - o Tricyclic antidepressant (TCA)
 - o Selective serotonin reuptake inhibitor (SSRI)
- Diabetic Care
 - o OAD (metformin, Sulfonylureas, pioglitazone)
 - o Insulin (basal and rapid acting)
 - o Monitoring – lancets and test strips